

Cassia



Cassia has been swimming for a couple of years now. Her favourite stroke is Freestyle. Cassia really likes the exercise that she gets from swimming and enjoys the opportunities to travel that she has gotten through the Para Storm Swim Club. Cassia loves spending time with her teammates both at practises and at the out of water activities the team does. Cassia has started to get involved in completing and has done 3 swim meets so far. Cassia has also been on two swim trips including Hecla training camp in 2016 and Kingston Camp in 2015. Outside of swimming Cassia enjoys babysitting and connecting to her friends through snapchat. Cassias favourite songs are “stressed out”, “something in the way you move” and “somebody to love”.

